



U.S. NAVAL SEA CADET CORPS



LT MICHAEL MURPHY DIVISION 03-4
88 WEST AVE, WEST SAYVILLE NY 11796
WWW.LMMDSEACADETS.COM

PLAN OF THE MONTH

The Plan of the Month is an official document of the LT Michael Murphy Division and Training. Its contents reflect current orders of the Commanding Officer and official unit announcements. All Division personnel are responsible for reading and understanding the information contained herein. Parents and guardians of Cadets are encouraged to read the Plan of the Month and to make note of meeting days and special announcements that may affect personal schedules.

JULY 2022

LTJG Nora Atcosta
EXECUTIVE OFFICER
noraatcosta@gmail.com

LT Gary Vertichio
COMMANDING OFFICER
lmdofficervertichio@gmail.com

LTJG Kevin Imparato
DIVISION OFFICER
lmdseacadets@gmail.com

MIDN Roarke Tosi
STAFF
roarketosi@gmail.com

AUX Nore Gutierrez
SUPPLY
norellovecrew@aol.com

MIDN Cory Atcosta
STAFF
lmdcadetatcostac@gmail.com

PO1 Myla Atcosta
ALPHA COMPANY COMMANDER
lmdcadetatcosta@gmail.com

PO2 Brian Acerno
LEAD PETTY OFFICER
bacerno25@gmail.com

PO1 Michael Cancellieri
BRAVO COMPANY COMMANDER
lmdcadetcancellieri@gmail.com

INST Michael Simonelli
STAFF

SN Michael Simonelli
COLOR GUARD COMMANDER
mikey6252@gmail.com

INST Mathew Gehrke
STAFF

Drill Dates: Saturday 09 JUL 22 & Sunday 10 JUL 22

Drill Hours: Saturday 0730-1330 Hours (Cadets must report aboard by 0745) **Long Island Maritime Museum**
Sunday 0830-1330 Hours (Cadets must report aboard by 0830) **Brentwood VFW**

| | | | |
|---------------------|-----------|------------------|--------------------------------------------|
| Uniform of the Day: | 09 JUL 22 | Officers/Staff: | Report in TYPE 3's/Bring PT Gear/Hydration |
| | | Cadets/Recruits: | Report in TYPE 3's/Bring PT Gear/Hydration |
| | 10 JUL 22 | Officers/Staff: | Report in TYPE 3's/Bring Hydration |
| | | Cadets/Recruits: | Report in TYPE 3's/Bring Hydration |

DRILL ROUTINE

SATURDAY 09 JUL 22

BRING HYDRATION – CAMELBACK/CANTEEN

- 0730 – Staff/Squad Leaders report to **LIMM**
- 0745 – Cadets report to **LIMM**
- 0800 – Morning Colors
- 0805 – CO/XO Briefing - Attendance
- 0815 – Uniform Inspection
- 0830 – Change into PT Gear
- 0845 – PT/PRT's
- 1000 – Team Building w/DIVO
- 1030 – Change into Type 3's
- 1045 – Issue Service Jackets/RT Sea Bag Checks
- 1130 – CHOW
- 1200 – Clean out trailer
- 1330 – Evening Formation (Dismissal at C.O.s Discretion)

SUNDAY 10 JUL 22

BRING HYDRATION – CAMELBACK/CANTEEN

- 0830 – Division Reports to **Brentwood VFW**
- 0840 – CO/XO Briefing – Attendance
- 0850 – Uniform Inspection
- 0900 – Begin Clean Up
- 1130 – CHOW
- 1330 – Evening Formation (Dismissal at C.O.s Discretion)

NOTES

1. ATTENDANCE – USNSCC Regulations state that you must attend 75% of all scheduled drills. That is four (4) of six (6) drills per quarter. If you do not meet this minimum standard, you will be administratively warned. If you continue to fail to meet minimum attendance standards, you will be discharged from the NSCC/NLCC. To report excused absences, please complete form on our website. To arrange for makeup of missed drill at Theodore Roosevelt Division fill out makeup drill request form on our website. Once received you will be given orders for date, time and location of drill.
2. MEDICAL EXAM/PHYSICAL IS DUE ANNUALLY – Please be aware of when your physical is due and visit <https://www.lmmdseacadets.com/usnscc-forms> (NSCADM001 page 5 & 6) This must n]be filled out by your physician and submitted at drill.
3. COURSEWORK – All assignments will now be done on Polaris through Quarterdeck. NO MORE PAPER SUBMISSIONS.
4. PROMOTIONS/AWARDS – Cadets ready to take next promotion exam should contact lmmdattendance@gmail.com. For ribbon/award request please visit <https://www.lmmdseacadets.com/awards> and complete form. Keep track of your community service and color/honor guard detail for your own records.
5. INCREASE YOUR KNOWLEDGE - Find out everything you wanted to know about the U. S. Naval Sea Cadet Corps on the NSCC Online Portal: <http://homeport.seacadets.org/>.
6. ENROLLMENT FEES - The cost of re-enrollment is \$200.00 for both NSCC and NLCC. If you are coming up on your re-enrollment date, please submit payment online @ <https://www.lmmdseacadets.com/renew-membership>
7. REPORT CARDS – Do not forget to submit a copy of your report card to lmmdreportcard@gmail.com for possible awards of the Academic Achievement Ribbon. The award of this ribbon has been extended to NLCC Cadet as well. Report cards are due at the end of each school year.
8. DIXIE COVER CARE – Always must be WHITE! Please take the time to soak it in warm water and OxyClean. Place over a bowl for drying and to keep shape. NO BLEACH!
9. SITUATIONAL AWARENESS – Watch the weather. PT Gear chosen accordingly (sweats/shorts).
10. CHOW – All cadets are required to bring a bagged lunch and hydration system. Cadets are NOT permitted to leave the grounds at anytime or have CHOW delivered via Uber Eats, Door Dash, etc.
11. BASIC HYGIENE – Cadets, be aware of your personal hygiene. As a courtesy to your shipmates, bring baby wipes, deodorant or body spray to clean up after PT.
12. GROOMING STANDARDS – Male’s hair will be neat, clean and present a well-groomed appearance. Females’ hairstyles and haircuts shall present a professional and balanced appearance. (see Chap 2. Grooming Standards; Section 1 & 2)

**Saturday drill will be held at The Long Island Maritime Museum 86 West Ave, West Sayville
(DROP OFF/PICK UP @ THIS LOCATION)**

**Sunday drill will be held at The Brentwood VFW, 140 Wurz Street, Brentwood
(DROP OFF/PICK UP @ THIS LOCATION)**

Important Upcoming Dates for the LT Michael Murphy USNSCC

Sayville Summer Fest AUG 6/7 - Sayville Seafood Festival AUG 20/21

2022 TENTATIVE DRILL DATES: SEP 10/11 OCT 8/9 NOV 12/13 DEC 10/11

Our next orientation will be Sunday 21 AUG 22 @ 1400 HRS