

# U.S. NAVAL SEA CADET CORPS

## LT MICHAEL MURPHY DIVISION 03-4 50 WEST AVE, WEST SAYVILLE NY 11796 WWW.LMMDSEACADETS.COM



### PLAN OF THE MONTH

The Plan of the Month is an official document of the LT Michael Murphy Division and Training. Its contents reflect current orders of the Commanding Officer and official unit announcements. All Division personnel are responsible for reading and understanding the information contained herein. Parents and guardians of Cadets are encouraged to read the Plan of the Month and to make note of meeting days and special announcements that may affect personal schedules.

### **APRIL 2024**

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Drill Dates:	Saturday 13 APR 24	Sunday 14 APR 24	
Drill Hours:	13APR24 - 0730-1330 Hours (Cadets must report aboard by 0745) Sea Cadet Training Facility 14APR24 - 0730-1330 Hours (Cadets must report aboard by 0745) Sea Cadet Training Facility		
Uniform of the Day:	13 APR 24 14 APR 24	Officers/Staff: Cadets/Recruits: Officers/Staff: Cadets/Recruits:	Report in Type III's / Bring PT Gear Report in Type III's / Bring PT Gear Report in PT Gear & Swimsuit / Bring Type III's Report in PT Gear & Swimsuit / Bring Type III's

#### SATURDAY 13 APR 24 – UOD: Type III's

0730 – Staff/Cadet Leadership report to Training Facility

0745 – Cadets/Recruits report to Training Facility

0800 – Muster - Morning Colors/Attendance

0805 - CO/XO Briefing / Uniform Inspection

0815 - Uniform Maintenance, Boot Shine/Ribbons/Patches

0900 - PO2 Steven Morea - Navy Recruiter

1000 - Change in PT GEAR

1015 – PRTs

1130 – Change into Type IIIs

1145 - CHOW

1215 – PQS – Hogan – Lindsay – Surian

1315 – CLEAN UP

1330 – Division Muster (Dismissal at C.O.s Discretion) BRING A BAGGED LUNCH & HYDRATION

#### SUNDAY 14 APR 24 – UOD: PT Gear W/Swimsuit

0730 – Staff/Cadet Leadership report to Training Facility

0745 – Cadets/Recruits report to Training Facility

0800 – Muster – Morning Colors/Attendance

0805 – CO/XO Briefing

0810 - Review of Cadet Billets

0830 - Leave for Holtsville YMCA

0845 - YMCA - Swim Training

1115 – Leave for Training Facility

1130 - CHOW

1200 - Mandatory Classroom Time

1245 – Parent Meeting

1315 – Clean up

1330 – Division Muster (Dismissal at C.O.s Discretion)

BRING A BAGGED LUNCH & HYDRATION

- 1. ATTENDANCE USNSCC Regulations state that you must attend 75% of all scheduled drills. If you do not meet this minimum standard, you will be administratively warned. If you continue to fail to meet minimum attendance standards, you will be discharged from the NSCC/NLCC. To report excused absences, please complete form on our website. To arrange for makeup of missed drill at Theodore Roosevelt Division fill out makeup drill request form on our website. Once received you will be given orders for date, time and location of drill.
- 2. **MEDICAL EXAM/PHYSICAL** DUE ANNUALLY Please be aware of when your physical is due and visit <a href="https://www.lmmdseacadets.com/usnscc-forms">https://www.lmmdseacadets.com/usnscc-forms</a> (NSCADM001 page 5 & 6) This must be filled out by your physician and submitted to staff at drill.
- 3. **COURSEWORK** All assignments will now be done on Polaris through Quarterdeck. Visit our website <a href="https://www.lmmdseacadets.com/polaris">https://www.lmmdseacadets.com/polaris</a> for help.
- 4. **PROMOTIONS/AWARDS** Cadets ready to take next promotion exam should contact <u>LMMD34info@gmail.com</u>. For ribbon/award request please visit <u>https://www.lmmdseacadets.com/awards</u> and complete form. Keep track of your community service and color/honor guard detail for your own records.
- 5. **INCREASE YOUR KNOWLEDGE** Find out everything you wanted to know about the U. S. Naval Sea Cadet Corps on the NSCC Online Portal: <a href="http://homeport.seacadets.org">http://homeport.seacadets.org</a>
- 6. **ENROLLMENT FEES** The cost of re-enrollment is \$200.00 for both NSCC and NLCC. If you are coming up on your re-enrollment day please visit our websitehttps://www.lmmdseacadets.com/renew-membership
- 7. **REPORT CARDS** Do not forget to submit a copy of your report card to <a href="mailto:LMMD34info@gmail.com">LMMD34info@gmail.com</a> for possible awards of the Academic Achievement Ribbon. The award of this ribbon has been extended to NLCC Cadet as well. Report cards are due at the end of each school year.
- 8. **DIXIE COVER CARE** Always must be **WHITE!** Please take the time to soak it in warm water and Oxi Clean. Place over a bowl for drying and to keep shape. NO BLEACH!
- 9. SITUATIONAL AWARENESS Watch the weather. PT Gear chosen accordingly (sweats/shorts).
- 10. **CHOW** All cadets are required to bring a bagged lunch and hydration system. Cadets are **NOT** permitted to leave the grounds at any time or have CHOW delivered via Uber Eats, Door Dash, etc.
- 11. **BASIC HYGIENE** Cadets, be aware of your personal hygiene. As a courtesy to your shipmates, bring baby wipes, deodorant or body spray to clean up after PT.
- 12. **GROOMING STANDARDS** Male's hair will be neat, clean and present a well-groomed appearance. Females' hairstyles and haircuts shall present a professional and balanced appearance. (see Chap 2. Grooming Standards; Section 1 & 2)

Pick up and drop off location for April drill will be at our Sea Cadet Training Facility: 50 West Ave, West Sayville NY.

SUNDAY 14APR24 – Cadets must bring a towel (goggles, flip flops & swim cap are optional)

PARENTS: PICK UP IS AT 1330 HRS (1:30PM) AT OUR TRAINING FACILITY

BRING A BAGGED LUNCH AND HYDRATION

Upcoming Drill Dates: May – 11<sup>th</sup> & 12<sup>th</sup> June – 8<sup>th</sup> & 9<sup>th</sup>