



# U.S. NAVAL SEA CADET CORPS

LT MICHAEL MURPHY DIVISION 03-5  
50 WEST AVE, WEST SAYVILLE NY 11796  
WWW.LMMDSEACADETS.COM



## PLAN OF THE MONTH

The Plan of the Month is an official document of the LT Michael Murphy Division and Training. Its contents reflect current orders of the Commanding Officer and official unit announcements. All Division personnel are responsible for reading and understanding the information contained herein. Parents and guardians of Cadets are encouraged to read the Plan of the Month and to make note of meeting days and special announcements that may affect personal schedules.

## MARCH 2026

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INST William Armstrong  
OPERATIONS OFFICER

AUX Kristen Gironda  
ADMIN OFFICER

Drill Dates:	Saturday 14MAR 26	Sunday 15 MAR 26
Drill Hours:	14 MAR 26 – 0730 - 1330 Hours (Cadets must report aboard by 0745) <b>NCPD Training Center</b>	15 MAR 26 – 0900 - 1500 Hours (Cadets must report aboard by 0900) <b>SCPD ESU Section</b>
Uniform of the Day:	14 MAR 26	Officers/Staff: Report in Type III's Cadets/Recruits: Report in Type III's
	15 MAR 26	Officers/Staff: Report in Type III's/Bring PT Gear Cadets/Recruits: Report in Type III's/Bring PT Gear

**SATURDAY 14 MAR 26 – UOD: Type III's**  
 0730 – Staff/Leadership Reports **NCPD Training Center**  
 0745 – Division Reports **NCPD Training Center**  
 0800 – Muster – Morning Formation/Colors  
 0805 – NCPD Police Youth Academy Intro  
 0830 – Bureau of Special Operations  
 0900 – Defensive Tactics – PT-DT Staff  
 0930 – K9 Demo  
 1000 – Aviation Bureau  
 1200 – CHOW  
 1230 – Mounted Unit  
 1300 – EVOC  
 1330 – Evening Formation (Dismissal at C.O.s Discretion)

**SUNDAY 15 MAR 26 – UOD: Type III's**  
 0900 – Division Reports **SCPD ESU Section**  
 0905 – Muster – Morning Formation/Colors  
 0910 – CO/XO Briefing /Attendance  
 0915 – ESU Tour  
 1015 – Aviation and Crime Scene Tour  
 1100 – Transport to Sea Cadet Training Facility  
 1200 – CHOW  
 1230 – PQS Testing/ Issue Uniforms  
 1330 – Change into PT Gear  
 1345 – PT  
 1445 – Clean up  
 1500 – Evening Formation (Dismissal at C.O.s Discretion)

## NOTES

- 1. ATTENDANCE** – USNSCC Regulations state that you must attend 75% of all scheduled drills. If you do not meet this minimum standard, you will be administratively warned. If you continue to fail to meet minimum attendance standards, you will be discharged from the NSCC/NLCC. To report excused absences, please complete form on our website. To arrange for makeup of missed drill at Theodore Roosevelt Division fill out makeup drill request form on our website. Once received you will be given orders for date, time and location of drill.
- 2. MEDICAL EXAM/PHYSICAL- DUE ANNUALLY** – Please be aware of when your physical is due and visit <https://www.lmmdseacadets.com/usnscc-forms> (NSCADM001 page 5 & 6) This must be filled out by your physician and submitted to staff at drill.
- 3. COURSEWORK** – All assignments will now be done on Polaris through Quarterdeck. Visit our website <https://www.lmmdseacadets.com/polaris> for help.
- 4. PROMOTIONS/AWARDS**– Cadets ready to take next promotion exam should contact [LMMD34info@gmail.com](mailto:LMMD34info@gmail.com). For ribbon/award request please visit <https://www.lmmdseacadets.com/awards> and complete form. Keep track of your community service and color/honor guard detail for your own records.
- 5. INCREASE YOUR KNOWLEDGE** - Find out everything you wanted to know about the U. S. Naval Sea Cadet Corps on the NSCC Online Portal: <http://homeport.seacadets.org>
- 6. ENROLLMENT FEES** - The cost of re-enrollment is \$200.00 for both NSCC and NLCC. If you are coming up on your re-enrollment day please visit our website <https://www.lmmdseacadets.com/renew-membership>
- 7. REPORT CARDS** – Do not forget to submit a copy of your report card to [LMMD34info@gmail.com](mailto:LMMD34info@gmail.com) for possible awards of the Academic Achievement Ribbon. The award of this ribbon has been extended to NLCC Cadet as well. Report cards are due at the end of each school year.
- 8. DIXIE COVER CARE** – Always must be **WHITE!** Please take the time to soak it in warm water and Oxi Clean. Place over a bowl for drying and to keep shape. **NO BLEACH!**
- 9. SITUATIONAL AWARENESS** – Watch the weather. PT Gear chosen accordingly (sweats/shorts).
- 10. CHOW** – All cadets are required to bring a bagged lunch and hydration system. Cadets are **NOT** permitted to leave the grounds at any time or have CHOW delivered via Uber Eats, Door Dash, etc.
- 11. BASIC HYGIENE** – Cadets, be aware of your personal hygiene. As a courtesy to your shipmates, bring baby wipes, deodorant or body spray to clean up after PT.
- 12. GROOMING STANDARDS** – Male’s hair will be neat, clean and present a well-groomed appearance. Females’ hairstyles and haircuts shall present a professional and balanced appearance. (see Chap 2. Grooming Standards; Section 1 & 2)

### PARENTS ARE REQUIRED TO PICK UP AND DROP OFF AT THE DRILL LOCATIONS

Saturday 14MAR26: David Mack Center for Training and Intelligence 1 Law Enforcement Way, Garden City N.Y. Park in the front parking lot and enter past the flagpole through the front doors. This is a secure facility and LTJG Kevin Imperato will escort all personnel at the front door into the academy. **YOU MUST HAVE A SEA CADET ID CARD WITH YOU TO ENTER!!!** Parents are not allowed to stay.

Sunday 15MAR26 D/O: SCPD ESU Section 2125 Smithtown Ave, Ronkonkoma N.Y.  
Sunday 15MAR26 P/U: Sea Cadet Training Facility 50 West Ave, West Sayville N.Y.

Let us continue to “LEAD THE FIGHT”