



U.S. NAVAL SEA CADET CORPS

LT MICHAEL MURPHY DIVISION 03-4
50 WEST AVE, WEST SAYVILLE NY 11796
WWW.LMMDSEACADETS.COM



PLAN OF THE MONTH

The Plan of the Month is an official document of the LT Michael Murphy Division and Training. Its contents reflect current orders of the Commanding Officer and official unit announcements. All Division personnel are responsible for reading and understanding the information contained herein. Parents and guardians of Cadets are encouraged to read the Plan of the Month and to make note of meeting days and special announcements that may affect personal schedules.

JANUARY 2023

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Drill Dates: Saturday 14 JAN 23 & Sunday 15 JAN 23

Drill Hours: Saturday 0730-1400 Hours (Cadets must report aboard by 0745) **Training Facility**
Sunday 0700-1330 Hours (Cadets must report aboard by 0745) **Training Facility**

Uniform of the Day:	14 JAN 23	Officers/Staff:	Report in Type IIIs/Bring Parka/Fleece
		Cadets/Recruits:	Report in Type IIIs/Bring Parka/Fleece
	15 JAN 23	Officers/Staff:	Report in Type IIIs/Bring PT Gear/Shoeshine Kit
		Cadets/Recruits:	Report in Type IIIs/Bring PT Gear/Shoeshine Kit

DRILL ROUTINE

SATURDAY 14 JAN 23

0730 – Staff/Cadet Leadership report to **Training Facility**
0745 – Cadets/Recruits report to **Training Facility**
0800 – Muster - Morning Colors
0805 – CO/XO Briefing / Uniform Inspection
0815 – Weapons FAM Class w/INST Simonelli
0915 – Depart for USCG Station Shinnecock
1000 – Arrive at USCG Station Shinnecock
1130 – CHOW
1300 – Depart for Training Facility
1345 – Arrive at Training Facility
1400 – Evening Formation (Dismissal at C.O.s Discretion)
BRING A BAGGED LUNCH & HYDRATION

SUNDAY 15 JAN 23

0700 – Staff/Cadet Leadership report to **Training Facility**
0745 – Cadets/Recruits report to **Training Facility**
0800 – Muster – Morning Colors
0805 – CO/XO Briefing / Uniform Inspection
0815 – Cadets speak about their Training Experiences
0845 – Mandatory Classroom Time
0915 – Shoeshine Class
0945 – Change into PT Gear
1000 – PT w/LTJG Atcosta
1115 – Change to Type III's
1130 – CHOW
1200 – Sea Cadet Knowledge – Trivia Game
1245 – MIL DRILL/ Facing Movements/Marching
1315 – Clean up
1330 – Evening Formation (Dismissal at C.O.s Discretion)
BRING A BAGGED LUNCH & HYDRATION

NOTES

1. **ATTENDANCE** – USNSCC Regulations state that you must attend 75% of all scheduled drills. That is **four (4) of six (6) drills per quarter**. If you do not meet this minimum standard, you will be administratively warned. If you continue to fail to meet minimum attendance standards, you will be discharged from the NSCC/NLCC. To report excused absences, please complete form on our website. To arrange for makeup of missed drill at Theodore Roosevelt Division fill out makeup drill request form on our website. Once received you will be given orders for date, time and location of drill.
2. **MEDICAL EXAM/PHYSICAL**- DUE ANNUALLY – Please be aware of when your physical is due and visit <https://www.lmmdseacadets.com/usnscc-forms> (NSCADM001 page 5 & 6) This must be filled out by your physician and submitted to staff at drill.
3. **COURSEWORK** – All assignments will now be done on Polaris through Quarterdeck. Visit our website <https://www.lmmdseacadets.com/polaris> for help.
4. **PROMOTIONS/AWARDS**– Cadets ready to take next promotion exam should contact LMMD34info@gmail.com. For ribbon/award request please visit <https://www.lmmdseacadets.com/awards> and complete form. Keep track of your community service and color/honor guard detail for your own records.
5. **INCREASE YOUR KNOWLEDGE** - Find out everything you wanted to know about the U. S. Naval Sea Cadet Corps on the NSCC Online Portal: <http://homeport.seacadets.org>
6. **ENROLLMENT FEES** - The cost of re-enrollment is \$200.00 for both NSCC and NLCC. If you are coming up on your re-enrollment day please visit our website <https://www.lmmdseacadets.com/renew-membership>
7. **REPORT CARDS** – Do not forget to submit a copy of your report card to LMMD34info@gmail.com for possible awards of the Academic Achievement Ribbon. The award of this ribbon has been extended to NLCC Cadet as well. Report cards are due at the end of each school year.
8. **DIXIE COVER CARE** – Always must be **WHITE!** Please take the time to soak it in warm water and Oxi Clean. Place over a bowl for drying and to keep shape. **NO BLEACH!**
9. **SITUATIONAL AWARENESS** – Watch the weather. PT Gear chosen accordingly (sweats/shorts).
10. **CHOW** – All cadets are required to bring a bagged lunch and hydration system. Cadets are **NOT** permitted to leave the grounds at any time or have CHOW delivered via Uber Eats, Door Dash, etc.
11. **BASIC HYGIENE** – Cadets, be aware of your personal hygiene. As a courtesy to your shipmates, bring baby wipes, deodorant or body spray to clean up after PT.
12. **GROOMING STANDARDS** – Male’s hair will be neat, clean and present a well-groomed appearance. Females’ hairstyles and haircuts shall present a professional and balanced appearance. (see Chap 2. Grooming Standards; Section 1 & 2)

**JANUARY DRILL SAT & SUN DROP OFF & PICK UP @ TRAINING FACILITY
50 WEST AVENUE, WEST SAYVILLE**

ALL DRILL DATES FOR 2023 ARE POSTED ON OUR WEBSITE

NEXT ORIENTATION WED 25 JAN 23 @ 1900 HRS @ TRAINING FACILITY

DIVISION INSPECTION SUNDAY 12 MAR 23