

U.S. NAVAL SEA CADET CORPS

LT MICHAEL MURPHY DIVISION 03-4 **50 WEST AVE, WEST SAYVILLE NY 11796** WWW.LMMDSEACADETS.COM



## PLAN OF THE MONTH

The Plan of the Month is an official document of the LT Michael Murphy Division and Training. Its contents reflect current orders of the Commanding Officer and official unit announcements. All Division personnel are responsible for reading and understanding the information contained herein. Parents and guardians of Cadets are encouraged to read the Plan of the Month and to make note of meeting days and special announcements that may affect personal schedules.

## **MAY 2024**

LTJG Nora Atcosta EXECUTIVE OFFICER noraatcosta@gmail.com

MIDN Roarke Tosi STAFF roarketosi@gmail.com

CPO Michael Cancellieri COMMAND CHIEF PETTY OFFICER lmmdcadetcancellieri@gmail.com

PO1 Liam Gutierrez ALPHA COMPANY COMMANDER preachermanliam@gmail.com

LCDR Garv Vertichio COMMANDING OFFICER lmmdofficervertichio@gmail.com

**INST Nore Gutierrez** SUPPLY nore1lovecrew@aol.com

PO2 Tyler Nedos BRAVO COMPANY COMMANDER tynedos33@yahoo.com

LTJG Kevin Imparato DIVISION OFFICER lmmdseacadets@gmail.com

AUX Cory Atcosta STAFF lmmdcadetatcostac@gmail.coM

PO1 Myla Atcosta LEAD PETTY OFFICER lmmdcadetatcosta@gmail.com

PO2 Joseph Herrick CHARLIE COMPANY COMMANDER josephtherrick@gmail.com

Drill Dates:	Saturday 11 MAY 2	AY 24 Monday 27 MAY 24	
Drill Hours:	11MAY24 - 0730-1530 Hours (Cadets must report aboard by 0745) Sea Cadet Training Facility 27MAY24 - 0730-1030 Hours (Cadets must report aboard by 0800) Parking Lot - Prince of Peace		
Uniform of the Day:	11 MAY 24 27 MAY 24	Officers/Staff: Cadets/Recruits: Officers/Staff: Cadets/Recruits:	Report in Type III's / Bring Dress Whites Report in Type III's / Bring Dress Whites Report in Dress Whites Report in Dress Whites

## SATURDAY 11 MAY 24 – UOD: Type III's

0730 – Staff/Cadet Leadership report to Training Facility 0745 – Cadets/Recruits report to Training Facility 0800 – Muster - Morning Colors/Attendance 0805 - CO/XO Briefing/Uniform Inspection 0815 - Dress White Hanger Inspection 0830 - Uniform Maintenance w/INST Gutierrez 0900 - Issue Uniforms to RC/Assigns Cadet Billets 0930 - Mil Drill/Marching 1000 - Color Guard Training 1130 - CHOW 1200 - POS1315 - CLEAN UP 1330 – Division Muster (Dismissal at C.O.s Discretion)

## MONDAY 27 MAY 24 - Dress Whites

0800 - LMMD report to Parking Lot - Prince of Peace 0805 - CO/XO Briefing/Attendance/Uniform Inspection 0900 – March to Sparrow Park

0930 - Memorial Day Parade Ceremony

1015 - March back to Parking Lot - Prince of Peace

1030 – Division Muster (Dismissal at C.O.s Discretion)

**BRING A BAGGED LUNCH & HYDRATION** 

1. **ATTENDANCE** – USNSCC Regulations state that you must attend 75% of all scheduled drills. If you do not meet this minimum standard, you will be administratively warned. If you continue to fail to meet minimum attendance standards, you will be discharged from the NSCC/NLCC. To report excused absences, please complete form on our website. To arrange for makeup of missed drill at Theodore Roosevelt Division fill out makeup drill request form on our website. Once received you will be given orders for date, time and location of drill.

2. **MEDICAL EXAM/PHYSICAL-** DUE ANNUALLY – Please be aware of when your physical is due and visit <u>https://www.lmmdseacadets.com/usnscc-forms</u> (NSCADM001 page 5 & 6) This must be filled out by your physician and submitted to staff at drill.

3. **COURSEWORK** – All assignments will now be done on Polaris through Quarterdeck. Visit our website <u>https://www.lmmdseacadets.com/polaris</u> for help.

4. **PROMOTIONS/AWARDS**– Cadets ready to take next promotion exam should contact <u>LMMD34info@gmail.com</u>. For ribbon/award request please visit <u>https://www.lmmdseacadets.com/awards</u> and complete form. Keep track of your community service and color/honor guard detail for your own records.

5. **INCREASE YOUR KNOWLEDGE** - Find out everything you wanted to know about the U. S. Naval Sea Cadet Corps on the NSCC Online Portal: <u>http://homeport.seacadets.org</u>

6. **ENROLLMENT FEES** - The cost of re-enrollment is \$200.00 for both NSCC and NLCC. If you are coming up on your reenrollment day please visit our website<u>https://www.lmmdseacadets.com/renew-membership</u>

7. **REPORT CARDS** – Do not forget to submit a copy of your report card to <u>LMMD34info@gmail.com</u> for possible awards of the Academic Achievement Ribbon. The award of this ribbon has been extended to NLCC Cadet as well. Report cards are due at the end of each school year.

8. **DIXIE COVER CARE** – Always must be **WHITE!** Please take the time to soak it in warm water and Oxi Clean. Place over a bowl for drying and to keep shape. NO BLEACH!

9. **SITUATIONAL AWARENESS** – Watch the weather. PT Gear chosen accordingly (sweats/shorts).

10. **CHOW** – All cadets are required to bring a bagged lunch and hydration system. Cadets are **NOT** permitted to leave the grounds at any time or have CHOW delivered via Uber Eats, Door Dash, etc.

11. **BASIC HYGIENE** – Cadets, be aware of your personal hygiene. As a courtesy to your shipmates, bring baby wipes, deodorant or body spray to clean up after PT.

12. **GROOMING STANDARDS** – Male's hair will be neat, clean and present a well-groomed appearance. Females' hairstyles and haircuts shall present a professional and balanced appearance. (see Chap 2. Grooming Standards; Section 1 & 2)

Pick up and drop off location for Saturday 11MAY24 will be at our Sea Cadet Training Facility: 50 West Ave, West Sayville NY. PARENTS: PICK UP IS AT 1330 HRS (1:30PM) AT OUR TRAINING FACILITY BRING A BAGGED LUNCH AND HYDRATION

Pick up and drop off location for Monday 27MAY24 will be at Prince of Peace Regional School: 200 W. Main Street Sayville, corner of Handsome Avenue and W. Main Street PARENTS: PICK UP IS AT 1030 HRS (10:30AM) AT PRINCE OF PEACE

Upcoming Drill Dates: June – 8<sup>th</sup> & 9<sup>th</sup> - Graduation June 9<sup>th</sup> @ 11AM