



U.S. NAVAL SEA CADET CORPS

LT MICHAEL MURPHY DIVISION 03-4
88 WEST AVE, WEST SAYVILLE NY 11796
WWW.LMMDSEACADETS.COM



PLAN OF THE MONTH

The Plan of the Month is an official document of the LT Michael Murphy Division and Training. Its contents reflect current orders of the Commanding Officer and official unit announcements. All Division personnel are responsible for reading and understanding the information contained herein. Parents and guardians of Cadets are encouraged to read the Plan of the Month and to make note of meeting days and special announcements that may affect personal schedules.

JUNE 2022

LTJG Nora Atcosta
EXECUTIVE OFFICER
noraatcosta@gmail.com

LT Gary Vertichio
COMMANDING OFFICER
lmmdofficervertichio@gmail.com

LTJG Kevin Imparato
DIVISION OFFICER
kevinimpr@gmail.com

Ensign Danielle Russo
ADMINISTRATIVE OFFICER
russo782001@optonline.net

AUX Nore Gutierrez
SUPPLY
nore1lovecrew@aol.com

Ensign Thomas Russo
TRAINING OFFICER
russo4921@optonline.net

CPO Roarke Tosi
CHIEF PETTY OFFICER
roarketosi@gmail.com

PO2 Brian Acerno
LEAD PETTY OFFICER
bacerno25@gmail.com

CPO Anthony Russo
CHIEF PETTY OFFICER
ajrusso2004@optonline.net

PO2 Myla Atcosta
ALPHA COMPANY COMMANDER
lmmdcadetatcosta@gmail.com

SN Michael Simonelli
COLOR GUARD COMMANDER
mikey6252@gmail.com

PO1 Michael Cancellieri
BRAVO COMPANY COMMANDER
lmmdcadetcancellieri@gmail.com

Drill Dates: Saturday 11 JUN 22 & Sunday 12 JUN 22

Drill Hours: Saturday 0730-1330 Hours (Cadets must report aboard by 0745) **Long Island Maritime Museum**
Sunday 0730-1330 Hours (Cadets must report aboard by 0745) **Long Island Maritime Museum**

Uniform of the Day:	11 JUN 22	Officers/Staff:	Report in Type 3's/Bring PT Gear
		Cadets/Recruits:	Report in Dress Whites/Bring TYPE 3's/PT Gear
	12 JUN 22	Officers/Staff:	Report in TYPE 3's /Bring Dress Whites
		Cadets/Recruits:	Report in TYPE 3's/Bring Dress Whites

DRILL ROUTINE

SATURDAY 11 JUN 22

0730 – Staff/Squad Leaders report to LIMM
0745 – Cadets report to Museum
0800 – Morning Colors
0805 - CO/XO Briefing - Attendance
0815 – Dress White Uniform Inspection
0830 – Change into PT Gear
0845 – PT/PRT's
1000 –Navy Recruiter
1030 – Change into Type 3's
1045 – Graduation Ceremony Rehearsal
1115 – PSI Testing/Training Opportunities
1130 – Flag Retirement Ceremony
1200 – CHOW
1230 – Clean out trailer/SEAL Museum
1330 – Evening Formation (Dismissal at C.O.s Discretion)

SUNDAY 12 JUN 22

0730 – Staff/Squad Leaders report to LIMM
0745– Cadet's report to LIMM
0800 – Morning Colors
0805 – CO/XO Briefing - Attendance
0815 – Set Up for Graduation
1000 – Change into Dress Whites
1100 – Graduation Ceremony
1200 – Light Refreshments
1300 – Clean up
1330 – Evening Formation (Dismissal at C.O.s Discretion)

NOTES

1. ATTENDANCE – USNSCC Regulations state that you must attend 75% of all scheduled drills. That is four (4) of six (6) drills per quarter. If you do not meet this minimum standard, you will be administratively warned. If you continue to fail to meet minimum attendance standards, you will be discharged from the NSCC/NLCC. To report excused absences, please complete form on our website. To arrange for makeup of missed drill at Theodore Roosevelt Division fill out makeup drill request form on our website. Once received you will be given orders for date, time and location of drill.
2. MEDICAL EXAM/PHYSICAL IS DUE ANNUALLY – Please be aware of when your physical is due and visit <https://www.lmmdseacadets.com/usnscc-forms> (NSCADM001 page 5 & 6) This must n]be filled out by your physician and submitted at drill.
3. COURSEWORK – All assignments will now be done on Polaris through Quarterdeck. NO MORE PAPER SUBMISSIONS.
4. PROMOTIONS/AWARDS – Cadets ready to take next promotion exam should contact lmmdattendance@gmail.com. For ribbon/award request please visit <https://www.lmmdseacadets.com/awards> and complete form. Keep track of your community service and color/honor guard detail for your own records.
5. INCREASE YOUR KNOWLEDGE - Find out everything you wanted to know about the U. S. Naval Sea Cadet Corps on the NSCC Online Portal: <http://homeport.seacadets.org/>.
6. ENROLLMENT FEES - The cost of re-enrollment is \$200.00 for both NSCC and NLCC. If you are coming up on your re-enrollment date, please submit payment online @ <https://www.lmmdseacadets.com/renew-membership>
7. REPORT CARDS – Do not forget to submit a copy of your report card to lmmdreportcard@gmail.com for possible awards of the Academic Achievement Ribbon. The award of this ribbon has been extended to NLCC Cadet as well. Report cards are due at the end of each school year.
8. DIXIE COVER CARE – Always must be WHITE! Please take the time to soak it in warm water and OxyClean. Place over a bowl for drying and to keep shape. NO BLEACH!
9. SITUATIONAL AWARENESS – Watch the weather. PT Gear chosen accordingly (sweats/shorts).
10. CHOW – All cadets are required to bring a bagged lunch and hydration system. Cadets are NOT permitted to leave the grounds at anytime or have CHOW delivered via Uber Eats, Door Dash, etc.
11. BASIC HYGIENE – Cadets, be aware of your personal hygiene. As a courtesy to your shipmates, bring baby wipes, deodorant or body spray to clean up after PT.
12. GROOMING STANDARDS – Male’s hair will be neat, clean and present a well-groomed appearance. Females’ hairstyles and haircuts shall present a professional and balanced appearance. (see Chap 2. Grooming Standards; Section 1 & 2)

Saturday & Sunday drill will be held at The Long Island Maritime Museum 86 West Ave, West Sayville (DROP OFF/PICK UP @ THIS LOCATION)

Graduation is on Sunday 12 JUN 22 outside the LT Michael P. Murphy Navy Seal Museum and Sea Cadet Training Facility. All families are welcome.

Important Upcoming Dates for the LT Michael Murphy USNSCC

June 23rd Pasta Dinner/June 25th Murph Run Around the Lake/June 28th Navy SEAL Grand Opening

2022 TENTATIVE DRILL DATES: JUL 9/10 SEP 10/11 OCT 8/9 NOV 12/13 DEC 10/11

Our next orientation will be in August

Let us continue to “LEAD THE FIGHT”