



U.S. NAVAL SEA CADET CORPS

LT MICHAEL MURPHY DIVISION 03-4
50 WEST AVE, WEST SAYVILLE NY 11796
WWW.LMMDSEACADETS.COM



PLAN OF THE MONTH

The Plan of the Month is an official document of the LT Michael Murphy Division and Training. Its contents reflect current orders of the Commanding Officer and official unit announcements. All Division personnel are responsible for reading and understanding the information contained herein. Parents and guardians of Cadets are encouraged to read the Plan of the Month and to make note of meeting days and special announcements that may affect personal schedules.

SEPTEMBER 2024

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Drill Dates: Saturday 14 SEP 24 Sunday 15 SEP 24

Drill Hours: 14 SEP 24 - 0730-1330 Hours (Cadets must report aboard by 0745) **Sea Cadet Training Facility**
15 SEP 24 - 0730-1330 Hours (Cadets must report aboard by 0745) **Sea Cadet Training Facility**

Uniform of the Day:	14 SEP 24	Officers/Staff:	Report in TYPE 3'S/Bring PT Gear
		Cadets/Recruits:	Report in TYPE 3'S/Bring PT Gear
	15 SEP 24	Officers/Staff:	Report in TYPE 3'S/Bring PT Gear
		Cadets/Recruits:	Report in TYPE 3'S/Bring PT Gear

SATURDAY 14 SEP 24 – UOD: Type 3's
0730 – Staff/Leadership Reports **Sea Cadet Training Facility**
0745 – Division Reports **Sea Cadet Training Facility**
0800 – Muster – Morning Formation/Colors
0815 – CO/XO Briefing / Attendance / Uniform Inspection
0830 – Summer Training Experiences – Return Admin Remarks
0900 – Chain of Command, 11 General Orders, Sea Cadet Oath, Military Time/Date, Rates/Ranks
0945 – Change into PT Gear
1000 – PRT's / PT – TEST SHADOWS
1130 – CHOW - **BAGGED LUNCH & HYDRATION**
1200 – Change into Type III's
1215 – PSI Testing - Marching/Mil Drill
1300 – Clean up
1315 – Awards/Promotions
1330 – Evening Formation (Dismissal at C.O.s Discretion)

SUNDAY 15 SEP 24 – UOD: Type 3's
0730 – Staff/Leadership Reports **Sea Cadet Training Facility**
0745 – Division Reports **Sea Cadet Training Facility**
0800 – Muster – Morning Formation/Colors
0815 – CO/XO Briefing / Attendance / Uniform Inspection
0830 – Uniform Maintenance
0845 – Flag Folding
0900 – Color Guard Practice/Rifle Movements
0945 – Mandatory Classroom Time – Interview Shadows
1030 – Change into PT Gear
1045 – PT – 2 TEAMS
1145 – Change into Type 3's
1200 – CHOW - **BAGGED LUNCH & HYDRATION**
1230 – Marching/Mil Drill - Interview Shadows
1300 – Issue needed Uniforms/Patches/Ribbons
1315 – Clean up
1330 – Evening Formation (Dismissal at C.O.s Discretion)

1. **ATTENDANCE** – USNSCC Regulations state that you must attend 75% of all scheduled drills. If you do not meet this minimum standard, you will be administratively warned. If you continue to fail to meet minimum attendance standards, you will be discharged from the NSCC/NLCC. To report excused absences, please complete form on our website. To arrange for makeup of missed drill at Theodore Roosevelt Division fill out makeup drill request form on our website. Once received you will be given orders for date, time and location of drill.

2. **MEDICAL EXAM/PHYSICAL- DUE ANNUALLY** – Please be aware of when your physical is due and visit <https://www.lmmdseacadets.com/usnscc-forms> (NSCADM001 page 5 & 6) This must be filled out by your physician and submitted to staff at drill.

3. **COURSEWORK** – All assignments will now be done on Polaris through Quarterdeck. Visit our website <https://www.lmmdseacadets.com/polaris> for help.

4. **PROMOTIONS/AWARDS**– Cadets ready to take next promotion exam should contact LMMD34info@gmail.com. For ribbon/award request please visit <https://www.lmmdseacadets.com/awards> and complete form. Keep track of your community service and color/honor guard detail for your own records.

5. **INCREASE YOUR KNOWLEDGE** - Find out everything you wanted to know about the U. S. Naval Sea Cadet Corps on the NSCC Online Portal: <http://homeport.seacadets.org>

6. **ENROLLMENT FEES** - The cost of re-enrollment is \$200.00 for both NSCC and NLCC. If you are coming up on your re-enrollment day please visit our website <https://www.lmmdseacadets.com/renew-membership>

7. **REPORT CARDS** – Do not forget to submit a copy of your report card to LMMD34info@gmail.com for possible awards of the Academic Achievement Ribbon. The award of this ribbon has been extended to NLCC Cadet as well. Report cards are due at the end of each school year.

8. **DIXIE COVER CARE** – Always must be **WHITE!** Please take the time to soak it in warm water and Oxi Clean. Place over a bowl for drying and to keep shape. **NO BLEACH!**

9. **SITUATIONAL AWARENESS** – Watch the weather. PT Gear chosen accordingly (sweats/shorts).

10. **CHOW** – All cadets are required to bring a bagged lunch and hydration system. Cadets are **NOT** permitted to leave the grounds at any time or have CHOW delivered via Uber Eats, Door Dash, etc.

11. **BASIC HYGIENE** – Cadets, be aware of your personal hygiene. As a courtesy to your shipmates, bring baby wipes, deodorant or body spray to clean up after PT.

12. **GROOMING STANDARDS** – Male’s hair will be neat, clean and present a well-groomed appearance. Females’ hairstyles and haircuts shall present a professional and balanced appearance. (see Chap 2. Grooming Standards; Section 1 & 2)

IF YOU HAVE ATTENDED A SUMMER TRAINING RETURN YOUR TRAINING PAPERWORK

LINE DANCE FUNDRAISER – SUNDAY SEPTEMBER 22ND @ 3PM – DOUBLIN DECK - PATCHOGUE

Let us continue to “LEAD THE FIGHT”