



# U.S. NAVAL SEA CADET CORPS

LT MICHAEL MURPHY DIVISION 03-4  
50 WEST AVE, WEST SAYVILLE NY 11796  
WWW.LMMDSEACADETS.COM



## PLAN OF THE MONTH

The Plan of the Month is an official document of the LT Michael Murphy Division and Training. Its contents reflect current orders of the Commanding Officer and official unit announcements. All Division personnel are responsible for reading and understanding the information contained herein. Parents and guardians of Cadets are encouraged to read the Plan of the Month and to make note of meeting days and special announcements that may affect personal schedules.

## FEBRUARY 2024

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Drill Dates: Saturday 10 FEB 24 Sunday 11 FEB 24

Drill Hours: 10FEB24 - 0730-1330 Hours (Cadets must report aboard by 0745) **Our Lady of Mt. Carmel Church**  
11FEB24 - 0730-1330 Hours (Cadets must report aboard by 0745) **Sea Cadet Training Facility**

Uniform of the Day:	10 FEB 24	Officers/Staff:	Report in Dress Blues/Bring Type III's & PT Gear
		Cadets/Recruits:	Report in Dress Blues/Bring Type III's & PT Gear
	11 FEB 24	Officers/Staff:	Report in Type III's /Bring PT Gear
		Cadets/Recruits:	Report in Type III's/Bring PT Gear

### SATURDAY 10 FEB 24 – UOD: DRESS BLUES

0730 – Staff/Squad Leaders report to **CHURCH**  
0745 – Cadets/Recruits report to **CHURCH**  
0800 – Muster - Morning Colors/Attendance  
0805 – CO/XO Briefing  
0815 – Dress Blue Inspection  
0830 – Awards and Promotions  
0845 – Square away ribbons/patches  
0900 – Color Guard Training in Dress Uniform (teams of 4)  
1000 – Change in PT Gear  
1015 – PRTs  
1130 – CHOW  
1200 – Change into Type IIIs  
1215 – Sea Cadet Program – Q&A  
1230 – Set up for Line Dance  
1330 – Division Muster (Dismissal at C.O.s Discretion)  
**BRING A BAGGED LUNCH & HYDRATION**

### SUNDAY 11 FEB 24 – UOD: TYPE III'S

0730 – Staff/Squad Leaders report to **TRAINING FACILITY**  
0745 – Cadets report to **TRAINING FACILITY**  
0800 – Muster - Morning Colors/Attendance  
0805 – CO/XO Briefing  
0810 – Uniform Inspection  
0815 – Practice Marching  
0915 – Shoeshine Class  
0945 – Knot Tying Class  
1000 – Change in PT Gear  
1015 – Physical Training  
1115 – Change into Type 3's  
1130 – CHOW  
1200 – Interviews with Shadows/PSI Testing  
1315 – Clean Up  
1330 – Division Muster (Dismissal at C.O.s Discretion)  
**BRING A BAGGED LUNCH & HYDRATION**

## NOTES

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- ATTENDANCE** – USNSCC Regulations state that you must attend 75% of all scheduled drills. If you do not meet this minimum standard, you will be administratively warned. If you continue to fail to meet minimum attendance standards, you will be discharged from the NSCC/NLCC. To report excused absences, please complete form on our website. To arrange for makeup of missed drill at Theodore Roosevelt Division fill out makeup drill request form on our website. Once received you will be given orders for date, time and location of drill.
- MEDICAL EXAM/PHYSICAL- DUE ANNUALLY** – Please be aware of when your physical is due and visit <https://www.lmmdseacadets.com/usnscc-forms> (NSCADM001 page 5 & 6) This must be filled out by your physician and submitted to staff at drill.
- COURSEWORK** – All assignments will now be done on Polaris through Quarterdeck. Visit our website <https://www.lmmdseacadets.com/polaris> for help.
- PROMOTIONS/AWARDS**– Cadets ready to take next promotion exam should contact [LMMD34info@gmail.com](mailto:LMMD34info@gmail.com). For ribbon/award request please visit <https://www.lmmdseacadets.com/awards> and complete form. Keep track of your community service and color/honor guard detail for your own records.
- INCREASE YOUR KNOWLEDGE** - Find out everything you wanted to know about the U. S. Naval Sea Cadet Corps on the NSCC Online Portal: <http://homeport.seacadets.org>
- ENROLLMENT FEES** - The cost of re-enrollment is \$200.00 for both NSCC and NLCC. If you are coming up on your re-enrollment day please visit our website <https://www.lmmdseacadets.com/renew-membership>
- REPORT CARDS** – Do not forget to submit a copy of your report card to [LMMD34info@gmail.com](mailto:LMMD34info@gmail.com) for possible awards of the Academic Achievement Ribbon. The award of this ribbon has been extended to NLCC Cadet as well. Report cards are due at the end of each school year.
- DIXIE COVER CARE** – Always must be **WHITE!** Please take the time to soak it in warm water and Oxi Clean. Place over a bowl for drying and to keep shape. **NO BLEACH!**
- SITUATIONAL AWARENESS** – Watch the weather. PT Gear chosen accordingly (sweats/shorts).
- CHOW** – All cadets are required to bring a bagged lunch and hydration system. Cadets are **NOT** permitted to leave the grounds at any time or have CHOW delivered via Uber Eats, Door Dash, etc.
- BASIC HYGIENE** – Cadets, be aware of your personal hygiene. As a courtesy to your shipmates, bring baby wipes, deodorant or body spray to clean up after PT.
- GROOMING STANDARDS** – Male’s hair will be neat, clean and present a well-groomed appearance. Females’ hairstyles and haircuts shall present a professional and balanced appearance. (see Chap 2. Grooming Standards; Section 1 & 2)

Pick up and drop off location for Saturday February 10<sup>th</sup> will be at Our Lady of Mt. Carmel Church @ 495 North Ocean Ave, Patchogue NY (back building).

Pick up and drop off location for Sunday February 11<sup>th</sup> will be at our Sea Cadet Training Facility 50 West Ave, West Sayville NY.

### BRING A BAGGED LUNCH AND HYDRATION

#### UPCOMING DRILLS AND EVENTS:

FEBRUARY 10<sup>TH</sup> & 11<sup>TH</sup> - LINE DANCE FEBRUARY 10<sup>TH</sup> (AFTER DRILL)

MARCH 9<sup>TH</sup> & 10<sup>TH</sup> – SUNDAY ANNUAL INSPECTION

Let us continue to “LEAD THE FIGHT”