



# U.S. NAVAL SEA CADET CORPS

LT MICHAEL MURPHY DIVISION 03-5  
50 WEST AVE, WEST SAYVILLE NY 11796  
WWW.LMMDSEACADETS.COM



## PLAN OF THE MONTH

The Plan of the Month is an official document of the LT Michael Murphy Division and Training. Its contents reflect current orders of the Commanding Officer and official unit announcements. All Division personnel are responsible for reading and understanding the information contained herein. Parents and guardians of Cadets are encouraged to read the Plan of the Month and to make note of meeting days and special announcements that may affect personal schedules.

## JANUARY 2026

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ADMIN OFFICER

Drill Dates:	Saturday 10 JAN 26	Sunday 11 JAN 26	
Drill Hours:	10 JAN 26 - 0730 - 1330 Hours (Cadets must report aboard by 0745) <b>Sea Cadet Training Facility</b> 11 JAN 26 - 0730 - 1330 Hours (Cadets must report aboard by 0745) <b>Sea Cadet Training Facility</b>		
Uniform of the Day:	10 JAN 26 11 JAN 26	Officers/Staff: Cadets/Recruits: Officers/Staff: Cadets/Recruits:	Report in Type III's/Bring PT Gear Report in Type III's/Bring PT Gear Report in Type III's/Bring PT Gear/ <b>Dress Blues</b> Report in Type III's/Bring PT Gear <b>Dress Blues</b>

**SATURDAY 10 JAN 26 – UOD: Type III's**  
0730 – Staff/Leadership Reports **Sea Cadet Training Facility**  
0745 – Division Reports **Sea Cadet Training Facility**  
0800 – Muster – Morning Formation/Colors  
0805 – CO/XO Briefing /Attendance  
0815 – Enroll New Recruits  
0830 – Mil Drill  
0900 – Winter Training Experience  
0930 – Change into PT Gear  
0945 – PT/PRT's  
1045 – Change into Type III's  
1100 – CHOW - **BAGGED LUNCH & HYDRATION**  
1130 – Color Guard Training  
1315 – Clean up  
1330 – Evening Formation (Dismissal at C.O.s Discretion)

**SUNDAY 11 JAN 26 – UOD: Type III's**  
0730 – Staff/Leadership Reports **Sea Cadet Training Facility**  
0745 – Division Reports **Sea Cadet Training Facility**  
0800 – Muster – Morning Formation/Colors  
0805 – CO/XO Briefing /Attendance  
0815 – Uniform Inspection/Dress Blue Inspection  
0830 – Ribbons/Uniforms  
0900 – Practice & Prepare for Annual Inspection  
1030 – Change into PT Gear  
1045 – PT/PRT's  
1145 – Change into Type III's  
1200 – CHOW - **BAGGED LUNCH & HYDRATION**  
1230 – Medical Class w/AUX Bitzer  
1315 – Clean up  
1330 – Evening Formation (Dismissal at C.O.s Discretion)

## NOTES

1. **ATTENDANCE** – USNSCC Regulations state that you must attend 75% of all scheduled drills. If you do not meet this minimum standard, you will be administratively warned. If you continue to fail to meet minimum attendance standards, you will be discharged from the NSCC/NLCC. To report excused absences, please complete form on our website. To arrange for makeup of missed drill at Theodore Roosevelt Division fill out makeup drill request form on our website. Once received you will be given orders for date, time and location of drill.
2. **MEDICAL EXAM/PHYSICAL** – DUE ANNUALLY – Please be aware of when your physical is due and visit <https://www.lmmdseacadets.com/usnsc-forms> (NSCADM001 page 5 & 6) This must be filled out by your physician and submitted to staff at drill.
3. **COURSEWORK** – All assignments will now be done on Polaris through Quarterdeck. Visit our website <https://www.lmmdseacadets.com/polaris> for help.
4. **PROMOTIONS/AWARDS** – Cadets ready to take next promotion exam should contact [LMMD34info@gmail.com](mailto:LMMD34info@gmail.com). For ribbon/award request please visit <https://www.lmmdseacadets.com/awards> and complete form. Keep track of your community service and color/honor guard detail for your own records.
5. **INCREASE YOUR KNOWLEDGE** - Find out everything you wanted to know about the U. S. Naval Sea Cadet Corps on the NSCC Online Portal: <http://homeport.seacadets.org>
6. **ENROLLMENT FEES** - The cost of re-enrollment is \$200.00 for both NSCC and NLCC. If you are coming up on your re-enrollment day please visit our website<https://www.lmmdseacadets.com/renew-membership>
7. **REPORT CARDS** – Do not forget to submit a copy of your report card to [LMMD34info@gmail.com](mailto:LMMD34info@gmail.com) for possible awards of the Academic Achievement Ribbon. The award of this ribbon has been extended to NLCC Cadet as well. Report cards are due at the end of each school year.
8. **DIXIE COVER CARE** – Always must be **WHITE!** Please take the time to soak it in warm water and Oxi Clean. Place over a bowl for drying and to keep shape. **NO BLEACH!**
9. **SITUATIONAL AWARENESS** – Watch the weather. PT Gear chosen accordingly (sweats/shorts).
10. **CHOW** – All cadets are required to bring a bagged lunch and hydration system. Cadets are **NOT** permitted to leave the grounds at any time or have CHOW delivered via Uber Eats, Door Dash, etc.
11. **BASIC HYGIENE** – Cadets, be aware of your personal hygiene. As a courtesy to your shipmates, bring baby wipes, deodorant or body spray to clean up after PT.
12. **GROOMING STANDARDS** – Male's hair will be neat, clean and present a well-groomed appearance. Females' hairstyles and haircuts shall present a professional and balanced appearance. (see Chap 2. Grooming Standards; Section 1 & 2)

### **PARENTS ARE REQUIRED TO PICK UP AND DROP OFF AT THE DRILL LOCATIONS**

**10 JAN 26 & 11 JAN 26 Sea Cadet Training Facility @ 50 West Ave, West Sayville**

### **2026 DRILL DATES**

**14 FEB 26 & 15 FEB 26**

**14 MAR 26 & 15 MAR 26**

**11 APR 26 & 12 APR 26**

Let us continue to “LEAD THE FIGHT”