



U.S. NAVAL SEA CADET CORPS

LT MICHAEL MURPHY DIVISION 03-4
50 WEST AVE, WEST SAYVILLE NY 11796
WWW.LMMDSEACADETS.COM



PLAN OF THE MONTH

The Plan of the Month is an official document of the LT Michael Murphy Division and Training. Its contents reflect current orders of the Commanding Officer and official unit announcements. All Division personnel are responsible for reading and understanding the information contained herein. Parents and guardians of Cadets are encouraged to read the Plan of the Month and to make note of meeting days and special announcements that may affect personal schedules.

APRIL 2025

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Drill Dates: Saturday 12 APR 25 Sunday 13 APR 25

Drill Hours: 12 APR 25 - 0730-1330 Hours (Cadets must report aboard by 0745) **Sea Cadet Training Facility**
13 APR 25 - 0830-1300 Hours (Cadets must report aboard by 0830) **The Adventure Park at LI**

Uniform of the Day:	12 APR25	Officers/Staff:	Report in Type 3's/Bring PT Gear
		Cadets/Recruits:	Report in Type 3's/Bring PT Gear
	13 APR 25	Officers/Staff:	Report in PT Gear
		Cadets/Recruits:	Report in PT Gear

SATURDAY 12 APR 25 – UOD: Type 3's
0730 – Staff/Squad Leaders report to **Training Facility**
0745 – Cadets/Recruits report to **Training Facility**
0800 – Muster - Morning Colors/Attendance
0805 – CO/XO Briefing / Uniform Inspection
0815 – MIL DRILL/ Facing Movements/Marching
0845 – Summer Trainings Overview w/C.O.
0900 – Murphy Presentation w/LC4 Rose-Freaney
0915 – Change in PT Gear
0930 – Physical Readiness Test (PRT)
1045 – Change in Type 3's
1100 – CHOW
1130 – Uniform Maintenance – (stations)
1215 – Team Building Activities
1300 – Clean up
1315 – Awards/Promotions
1330 – Evening Formation (Dismissal at C.O.s Discretion)
BRING A BAGGED LUNCH & HYDRATION

SUNDAY 13 APR 25 – UOD: PT Gear
0830 – Division reports to **The Adventure Park at Long Island**
0840 – Muster/Attendance
0850 – CO/XO Briefing
0900 – Safety Lesson
0910 – Climbing/Obstacle Course
1100 – CHOW
1200 – Climbing/Obstacle Course
1300 – Evening Formation (Dismissal at C.O.s Discretion)
BRING A BAGGED LUNCH & HYDRATION

NOTES

- ATTENDANCE** – USNSCC Regulations state that you must attend 75% of all scheduled drills. If you do not meet this minimum standard, you will be administratively warned. If you continue to fail to meet minimum attendance standards, you will be discharged from the NSCC/NLCC. To report excused absences, please complete form on our website. To arrange for makeup of missed drill at Theodore Roosevelt Division fill out makeup drill request form on our website. Once received you will be given orders for date, time and location of drill.
- MEDICAL EXAM/PHYSICAL- DUE ANNUALLY** – Please be aware of when your physical is due and visit <https://www.lmmdseacadets.com/usnsc-forms> (NSCADM001 page 5 & 6) This must be filled out by your physician and submitted to staff at drill.
- COURSEWORK** – All assignments will now be done on Polaris through Quarterdeck. Visit our website <https://www.lmmdseacadets.com/polaris> for help.
- PROMOTIONS/AWARDS**– Cadets ready to take next promotion exam should contact LMMD34info@gmail.com. For ribbon/award request please visit <https://www.lmmdseacadets.com/awards> and complete form. Keep track of your community service and color/honor guard detail for your own records.
- INCREASE YOUR KNOWLEDGE** - Find out everything you wanted to know about the U. S. Naval Sea Cadet Corps on the NSCC Online Portal: <http://homeport.seacadets.org>
- ENROLLMENT FEES** - The cost of re-enrollment is \$200.00 for both NSCC and NLCC. If you are coming up on your re-enrollment day please visit our website <https://www.lmmdseacadets.com/renew-membership>
- REPORT CARDS** – Do not forget to submit a copy of your report card to LMMD34info@gmail.com for possible awards of the Academic Achievement Ribbon. The award of this ribbon has been extended to NLCC Cadet as well. Report cards are due at the end of each school year.
- DIXIE COVER CARE** – Always must be **WHITE!** Please take the time to soak it in warm water and Oxi Clean. Place over a bowl for drying and to keep shape. **NO BLEACH!**
- SITUATIONAL AWARENESS** – Watch the weather. PT Gear chosen accordingly (sweats/shorts).
- CHOW** – All cadets are required to bring a bagged lunch and hydration system. Cadets are **NOT** permitted to leave the grounds at any time or have CHOW delivered via Uber Eats, Door Dash, etc.
- BASIC HYGIENE** – Cadets, be aware of your personal hygiene. As a courtesy to your shipmates, bring baby wipes, deodorant or body spray to clean up after PT.
- GROOMING STANDARDS** – Male’s hair will be neat, clean and present a well-groomed appearance. Females’ hairstyles and haircuts shall present a professional and balanced appearance. (see Chap 2. Grooming Standards; Section 1 & 2)

PARENTS ARE REQUIRED TO PICK UP AND DROP OFF AT THE DRILL LOCATIONS

Saturday April 12th – Drill will be at our training Facility @ 50 West Ave, West Sayville

Sunday April 13th – Drill will be at The Adventure Park LI @ 75 Colonial Springs Rd, Wheatly Heights

UPCOMING DRILL DATES FOR 2025

MAY 17th & 18th

Let us continue to “LEAD THE FIGHT”