



U.S. NAVAL SEA CADET CORPS

LT MICHAEL MURPHY DIVISION 03-4
88 WEST AVE, WEST SAYVILLE NY 11796
WWW.LMMDSEACADETS.COM



PLAN OF THE MONTH

The Plan of the Month is an official document of the LT Michael Murphy Division and Training. Its contents reflect current orders of the Commanding Officer and official unit announcements. All Division personnel are responsible for reading and understanding the information contained herein. Parents and guardians of Cadets are encouraged to read the Plan of the Month and to make note of meeting days and special announcements that may affect personal schedules.

SEPTEMBER 2022

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STAFF

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INST Mathew Gehrke
STAFF

Drill Dates: Saturday 10 SEP 22 & Sunday 11 SEP 22

Drill Hours: Saturday 0730-1530 Hours (Cadets must report aboard by 0745) **Navy SEAL Museum**
Sunday 0945-1230 Hours (Cadets must report aboard by 0945) **Islip Town Hall**

Uniform of the Day:	10 SEP 22	Officers/Staff:	Report in TYPE 3's/Bring PT Gear/Hydration
		Cadets/Recruits:	Report in TYPE 3's/Bring PT Gear/Hydration BRING DRESS WHITES – INSPECTION
	11 SEP 22	Officers/Staff:	Report in Dress Whites/Bring Hydration
		Cadets/Recruits:	Report in Dress Whites/Bring Hydration

DRILL ROUTINE

SATURDAY 10 SEP 22

0730 – Staff/Cadet Leadership report to **Museum**
0745 – All Cadets/Recruits report to **Museum**
0800 – Morning Colors
0805 – CO/XO Briefing - Attendance
0815 – Uniform – Dress White Hanger Inspection
0830 – Change into PT Gear
0845 – PT/PRT's
1000 – Change into Type 3's
1015 – Collect SVC Jackets/PSI Testing
1030 – Chain of Command, 11 General Orders, Sea Cadet Oath, Marching/Mill Drill, Military Time/Date, Rates/Ranks
1200 – CHOW
1230 – Flag Folding
1300 – Color Guard Practice/Rifle Movements
1345 – Coursework – Polaris – SLACK APP
1445 – Awards/Promotions – CLEAN UP
1530 – Evening Formation (Dismissal at C.O.s Discretion)

SUNDAY 11 SEP 22

0945 – Division Reports to **Islip Town Hall**
1000 – CO/XO Briefing – Attendance
1015 – Uniform Inspection
1030 – Parade Line UP
1100 – 9/11 Memorial Ceremony Begins
1230 – Evening Formation (Dismissal at C.O.s Discretion)

NOTES

1. ATTENDANCE – USNSCC Regulations state that you must attend 75% of all scheduled drills. That is four (4) of six (6) drills per quarter. If you do not meet this minimum standard, you will be administratively warned. If you continue to fail to meet minimum attendance standards, you will be discharged from the NSCC/NLCC. To report excused absences, please complete form on our website. To arrange for makeup of missed drill at Theodore Roosevelt Division fill out makeup drill request form on our website. Once received you will be given orders for date, time and location of drill.
2. MEDICAL EXAM/PHYSICAL IS DUE ANNUALLY – Please be aware of when your physical is due and visit <https://www.lmmdseacadets.com/usnsc-forms> (NSCADM001 page 5 & 6) This must n]be filled out by your physician and submitted at drill.
3. COURSEWORK – All assignments will now be done on Polaris through Quarterdeck. NO MORE PAPER SUBMISSIONS.
4. PROMOTIONS/AWARDS – Cadets ready to take next promotion exam should contact lmmdattendance@gmail.com. For ribbon/award request please visit <https://www.lmmdseacadets.com/awards> and complete form. Keep track of your community service and color/honor guard detail for your own records.
5. INCREASE YOUR KNOWLEDGE - Find out everything you wanted to know about the U. S. Naval Sea Cadet Corps on the NSCC Online Portal: <http://homeport.seacadets.org/>.
6. ENROLLMENT FEES - The cost of re-enrollment is \$200.00 for both NSCC and NLCC. If you are coming up on your re-enrollment date, please submit payment online @ <https://www.lmmdseacadets.com/renew-membership>
7. REPORT CARDS – Do not forget to submit a copy of your report card to lmmdreportcard@gmail.com for possible awards of the Academic Achievement Ribbon. The award of this ribbon has been extended to NLCC Cadet as well. Report cards are due at the end of each school year.
8. DIXIE COVER CARE – Always must be WHITE! Please take the time to soak it in warm water and OxyClean. Place over a bowl for drying and to keep shape. NO BLEACH!
9. SITUATIONAL AWARENESS – Watch the weather. PT Gear chosen accordingly (sweats/shorts).
10. CHOW – All cadets are required to bring a bagged lunch and hydration system. Cadets are NOT permitted to leave the grounds at anytime or have CHOW delivered via Uber Eats, Door Dash, etc.
11. BASIC HYGIENE – Cadets, be aware of your personal hygiene. As a courtesy to your shipmates, bring baby wipes, deodorant or body spray to clean up after PT.
12. GROOMING STANDARDS – Male’s hair will be neat, clean and present a well-groomed appearance. Females’ hairstyles and haircuts shall present a professional and balanced appearance. (see Chap 2. Grooming Standards; Section 1 & 2)

**Saturday drill will be held at The LT Michael P. Murphy Navy SEAL Museum:
50 West Avenue, West Sayville (DROP OFF/PICK UP @ THIS LOCATION)**

**Sunday drill will be held at Veterans Memorial Park, Islip Town Hall:
655 Main Street, Islip (DROP OFF/PICK UP @ THIS LOCATION)**

Parents/Family members are welcome to stay for the 9/11 Memorial Ceremony on Sunday 11SEP22

[Important Upcoming Dates for the LT Michael Murphy USNSCC](#)

DUBLIN DECK LINE DANCE FUNDRAISER 9/24 @ 6:30 PM

2022 UPCOMMING DRILL DATES: OCT 8/9 NOV 12/13 DEC 10/11